



# Facts about dissemination of coronavirus through contact transmission

**The new coronavirus is not airborne, but is transmitted through droplet and contact transmission.**

## **Facts about contact transmission.**

Transmission takes place through surfaces with virus that you touch and then touch your nose, eyes or mouth.

For coronavirus on surfaces, an average survival period of 48 hours is generally reckoned with. However, it is important to remember that you cannot be infected only by touching items or surfaces with virus.

Droplet transmission is prevented by keeping your distance and shielding – see the specific fact sheet on this.

## **What can you do to prevent infection?**

The risk of contact transmission is reduced through good hand hygiene or contact-free solutions of assignments. Contact-free solutions mean methods for performing an action or an assignment without touching an item, surface or other persons. A contact-free solution may e.g. be to use one's own touch pen for a copying machine, iPads etc. Transmission is also prevented by cleaning of contact points, such as door handles, handrails, miscellaneous "closing-opening mechanisms" such as water taps. Generally in all the places that are usually touched or operated with hands. Disposable gloves may be an option in some cases. Disposable gloves are discarded immediately after use.

## **However, the most important thing is to ensure good hand hygiene!**

Wash your hands frequently and thoroughly or use a hand sanitizer. After washing, the hands are dried using paper or an air drier. Washing or using hand sanitizer takes place as the first thing after turning up at work and on arrival from outside. Do not touch your face with dirty hands.

In general, avoid touching contact points or use disposable gloves or paper when touching items and surfaces, i.e. when the water tap is closed.

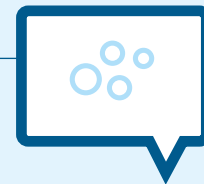
## **Cleaning of working tools and surfaces other than contact points**

Cleaning of contact points on working tools and surfaces is made through cleaning with alcohol or wiping with a cloth and water and soap. The cloth is washed at 80 degrees Celsius or disposed of after use. Alternative, wet towelettes with a disinfecting effect can be used.

Working tools or hands that become very dirty and dusty in connection with the work, are cleaned with water and soap, in that cleaning with alcohol can lose its effect on very dirty and dusty surfaces and hands.

Cleaning is made with general cleaning agents or sanitizers containing 70-85% alcohol.

\*Task force for the green trades comprises representatives from Landbrug & Fødevarer, 3F, GLS-A, the Danish Working Environment Authority and Statens Serum Institut.



## **Do you need more knowledge?**

See more about prevention of dissemination in workplaces

[www.baujordtilbord.dk](http://www.baujordtilbord.dk) or  
[www.sst.dk/da/Udgivelser/2020/forebyg-smitte-mod-coronasmitte](http://www.sst.dk/da/Udgivelser/2020/forebyg-smitte-mod-coronasmitte)

Contact Task Force\* for the green industries for restriction of corona dissemination if you have any questions for have found a good solution that may benefit others:

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### **Fagligt Fælles Forbund (United Federation of Danish Workers)**

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## Where can there be a risk of contact transmission?

**Assignments:** Where persons share the use of the same tools or machines. For instance tractors, mini loaders and other rolling stock. Protective equipment that may be reused. Such as helmets, safety glasses, hearing protection.

**Solutions:** Cleaning of tools/protective equipment and contact surfaces in driver's cabins and access to hand sanitizer. Disposable gloves.

**Rooms or working areas in which prevention of contact transmission must be assessed. Solutions:** Access to hand washing and/or hand sanitizers. Cleaning of contact points. Contact-free solutions (avoid touching) Disposable gloves.

### Information about guidelines:

Follow the guidelines on correct hand washing from the healthcare authorities. See more here:

<https://hygiejne.ssi.dk/-/media/arkiv/subsites/infektionshygiejne/formidling/poster/a4-poster-11---saadan-udfoerer-du-korrekt-haandvask.pdf?la=da>

Follow the guidelines on correct hand disinfection. See more here:

<https://hygiejne.ssi.dk/-/media/arkiv/subsites/infektionshygiejne/formidling/poster/a4-poster-10---saadan-udfoerer-du-korrekt-haanddesinfektion.pdf?la=da>

Get inspiration for solutions here: [Idea catalogue](#)

Assignments in which persons share the use of the same tools or machines may be (mark with an X)	Solutions:	Responsible person:	Follow-up:
<input type="checkbox"/> Hand-held tools shared by a number of persons <input type="checkbox"/> Protective equipment shared by a number of persons <input type="checkbox"/> Working place shared with others (such as driver's cabins) <input type="checkbox"/> Anything else – which?			
<b>Rooms or working areas in which prevention of contact transmission must be assessed:</b>			
<input type="checkbox"/> Sections of stables – (such as doors/handles) <input type="checkbox"/> Ante-rooms <input type="checkbox"/> Technical rooms <input type="checkbox"/> Workshop <input type="checkbox"/> Offices <input type="checkbox"/> Canteen/staff rooms <input type="checkbox"/> Milking parlour <input type="checkbox"/> Changing <input type="checkbox"/> Toilets <input type="checkbox"/> Running machines/plants <input type="checkbox"/> Anything else – which?			
<b>Information about guidelines:</b>			
<input type="checkbox"/> Instructions for employees <input type="checkbox"/> Instructions for visitors <input type="checkbox"/> Guidelines material (language?) <input type="checkbox"/> Posters and markings <input type="checkbox"/> Anything else – which?			